

Victor Martinez- Winner 2003 Night of The Champions

Congratulations to Victor Martinez for his outstanding win at the Night of the Champions on May 31. Victor was sharp and crisp and looked like the winner as soon as he was called out.

There are no overnight successes in bodybuilding. However, Victor is an example of what it takes to be a winner. dedicated time and effort to effect constant improvement and the fire in your gut to win. To top that off Victor is a real nice guy.

I had the pleasure of visiting Victor in his new gym named appropriately, "Victor's". It is located at 104 Sherman Ave in upper Manhattan. The gym opened in November Of 2002 and has the latest State of the Arts equipment. I had a great leg work out with Colette Nelson there with Victor and his trainer Victor--- ?????---Giving us a few new training tips. We blew our legs out!!!

Victor's next stop is the Olympia, which is a dream, come true for him. Good luck Victor.

Below are some pictures of Victor's gym and a link to an exclusive interview with him. Check it out.

Linda